ST. ANNE'S CATHOLIC PRIMARY SCHOOL

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Headteacher: Mrs C Martin

Dear Parents,

I hope you and your children have settled into the new academic year. It has been lovely to catch up with many of you on the gate over the past few weeks.

Wellbeing Champions

Year 5 children have been invited to apply to serve the school community as Wellbeing Champions. We have had some fantastic letters written so far and would love to see a few more apply. If your child is interested in supporting their peers at lunchtime, planning awareness events and welcoming children in the morning, please ask them to come and see me.

World Mental Health Day 2024

On Thursday 10th October, all classes are invited to wear mufti. They may wear any outfit that makes them happy. Please note that although we want the children to express themselves, the outfit does need to be appropriate for school activities and some items are not permitted. These include dangling earrings, high heels and props that could be lost or would disrupt learning (such as swords). This is an awareness day and not for fundraising purposes, so the children do not need to bring money.

During the day, classes will be taking part in an art activity and talking about looking after their mental health and wellbeing. The children will come home with a 'Wellbeing Bingo' activity which we hope will prompt discussions around looking after their wellbeing at home.

Wellbeing Champions will also be running games in the playground during the week to facilitate children connecting with each other. Please see the attached poster created by Wellbeing Champions.

Parent Voice Representatives

This year we are inviting parents to represent their classes and put themselves forward as Parent Voice Representatives. I believe that this is an important role which helps to build community and is a great avenue for increased parent and school communication. If you would like to represent your class, please complete the online form to indicate your interest. Parent Voice Reps will be asked to meet with me every half term and this will take place on a Monday morning. If you are unable to meet at this time, please consider sharing the role with another parent who would be available to attend on your behalf.

Other responsibilities will include welcoming new parents, ensuring parents are on WhatsApp groups, asking parents for feedback to raise during half termly meetings and being a source of support to other parents.

As always, if you have any queries or concerns regarding your child's mental health and wellbeing, please do get in touch.

Kind regards,

Miss Dorgan

Safeguarding, Mental Health and English as an Additional Language (EAL) Lead







